The Discernment Journey



Commission on Ministry Manual of Policies and Procedures Diocese of Southwest Florida

Revision 2018

LORD, you have searched me out and known me; you know my sitting down and my rising up; you discern my thoughts from afar.

You trace my journeys and my resting-places and are acquainted with all my ways.

Indeed, there is not a word on my lips, but you, O LORD, know it altogether.

You press upon me behind and before and lay your hand upon me.

Such knowledge is too wonderful for me; it is so high that I cannot attain to it.

Where can I go then from your Spirit? where can I flee from your presence?

If I climb up to heaven, you are there; if I make the grave my bed, you are there also.

If I take the wings of the morning and dwell in the uttermost parts of the sea,

Even there your hand will lead me and your right hand hold me fast.

If I say, "Surely the darkness will cover me, and the light around me turn to night,"

Darkness is not dark to you; the night is as bright as the day; darkness and light to you are both alike.

For you yourself created my inmost parts; you knit me together in my mother's womb.

I will thank you because I am marvelously made; your works are wonderful, and I know it well.

My body was not hidden from you, while *I* was being made in secret and woven in the depths of the earth.

Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book; they were fashioned day by day, when as yet there was none of them.

How deep I find your thoughts, O God! how great is the sum of them!

If I were to count them, they would be more in number than the sand; to count them all, my life span would need to be like yours.

Psalm 139:1-17

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I. Introduction

"However that may be, let each of you lead the life that the Lord has assigned, to which God called you." 1 Corinthians 7:17

This manual of guidelines, policies and procedures has been designed to assist individuals exploring a sense of call to ordained ministry. It is also designed to assist those persons who will be called to walk with him/her on this spiritual journey: the Discernment Group, the Bishop, spiritual companions/directors, family members, Commission on Ministry (COM), Standing Committee and many others. This 2017 manual is the latest revision and complies with, and gives local application to, the current Canons of the Episcopal Church. It is the result of much listening, study, discussion and consultation - not only with those in the Diocese of Southwest Florida but also with the wider Church.

The goal of this manual is to provide overall guidance and specific steps in the discernment process that are based on the **Baptismal Ministry of all persons;** to focus on the spiritual and personal development of those seeking ordination; and all to be guided by the leadership needs and realities of this Diocese and of the Church at large.

Realizing that discernment is a life-long process, we are grateful that you are responding to a possible call to serve God as a Deacon or a Priest. It is the commitment of the Diocese - in prayer and with faith, trust and candor - to assist you as you explore and "test" your call within your congregation, family, and larger community of the Diocese. Remember that even if you feel your sense of call is clear, strong and unwavering, this process is about your **discernment within community** - where all people involved are led by God's Holy Spirit to greater awareness and clarity. Awareness of this communal aspect will offer you strength, courage and calmness to remain open to tough questions and challenges along the way. No matter how the discernment process unfolds for you, remember that the whole process of responding to a call confirms that you are called to committed service as a beloved member of the Body of Christ.

The Commission on Ministry encourages you to read this manual thoroughly so you will understand the process, know the questions to ask, and request help when and where you need assistance. It also encourages you to stay in prayer, meet regularly with a spiritual companion/director, discuss the process with your family and clergy, and stay deeply aware of how you are strengthening/renewing/re-energizing your relationship with God in Jesus Christ.

Your discernment process may at times seem time consuming, complex, or frustrating. We pray that the process is also replete with joy and hope that God's Holy Spirit is doing something new and exciting in your life - whatever that may be! Bishop Smith, Canon , the COM, Diocesan Staff, and the Standing Committee are ready to assist you in any way you need and we urge you to contact us with questions or concerns. We are honored and blessed to walk this spiritual, emotional and physical journey with you.

Faithfully in Christ, The Commission on Ministry/Bishop's Advisory Panel

II. Call to Ministry

"Will you proclaim by word and example the Good News of God in Christ? Will you seek and serve Christ in all persons, loving your neighbor as yourself? Will you strive for justice and peace among all people, and respect the dignity of every human being?"

> "I will with God's help." (Baptismal Covenant)

A. Baptismal Ministry

By virtue of our Baptism, we are first called to be ministers of the Christian faith. Whether or not he/she feels called to the Diaconate or the Priesthood, and whether or not discernment takes someone on that path, we are first called to be part of the foundational ministry of the Laity. This cannot be emphasized enough as one walks this journey of discernment – to remember the crucial role all Christians have to bring the presence of Christ into homes, workplaces, churches, and communities. The Diocese encourages, honors and celebrates the extensive array of gifts that the Laity offers, and is committed to raising up energetic, spiritual, welcoming, and faith-filled lay persons to spread the Good News of Jesus Christ.

The COM realizes that the Laity of the church sometime needs encouragement in not only realizing specific gifts and talents, but also in acknowledging those gifts, allowing them to come forth, sharing them (often for the first time), and joyfully integrating them into the life of the church and the greater community. To that end the COM sponsors special workshops for Baptized Christians to come together once or twice a year to discuss Baptismal Ministry, Formation, Discernment, Spiritual Growth, and to review all aspects of lay and ordained ministry. These workshops may be held in the evening or on a Saturday to allow people to balance family and professional responsibilities. (The dates and times of these Vocation Informational Sessions can be found on the Diocesan website.)

Specific instruction and workshops are also held for lay persons desiring to procure a specific license to become a: Eucharistic Minister, Eucharistic Visitor, Preacher, or Worship Leader. At this point in your discernment journey, you may already be ministering in one or more of these areas. Indeed, they may have even inspired you to explore ordained ministry.

B. The Order of Deacons

"As a deacon in the Church, you are to make Christ and his redemptive love known, by your word and example, to those among whom you live, and work, and worship. You are to interpret to the Church the needs, concerns, and hopes of the world..." (BCP, 543)

The word "*deacon*" is derived from the Greek meaning "*servant*" or "*envoy*." The unique role of a Deacon among the ordained is to represent Jesus Christ and His redemptive love in the world – specifically by interpreting the needs, concerns, and hopes of the world outside the doors of the church. The role of a Deacon requires very special gifts as well as a serious formation process in order that the ordained person may serve as an "*ordained messenger of the faith*" outside the walls of the congregation and to raise awareness of these needs to the parish as a whole.

Deacons must learn to be in the church and in the world as servants, and to energize and inspire servanthood in others – helping the Laity to discover places where they can connect with God in Christ beyond worship services in the church. Deacons, together with Laity and other clergy, are not expected to do the work alone but rather to lead, guide, encourage, inform, equip, and raise the awareness of all people.

Deacons must be academically trained in Holy Scriptures and be able to integrate scripture into their ministry and the liturgy – which may include preaching. They must be conversant in Christian ethics and societal/cultural issues. Deacons must also possess theological understandings of – and the ability to discuss – the Paschal Mystery, the Incarnation, Baptismal servanthood, and the Eucharistic community. Above all, they must possess a deep and abiding love of Jesus Christ.

If you are feeling called to Diaconal Ministry, it is of utmost importance that you understand how to maintain a balance in your life – especially if you intend to remain working in your current profession, care for family, and also serve as a Deacon in the Church. This is always a challenge when balancing spiritual, emotional, and physical health factors. It is important you understand that Deacons serve directly under the Bishop and are assigned by the Bishop to serve anywhere in this Diocese.

Deacons, not unlike priests, are expected to create and live a Rule of Life which includes: prayer, immersion in Scripture, ongoing self-examination, regular study, spiritual direction, and components of life that will strengthen your emotional and physical well being.

Those seeking to be ordained a Deacon in this Diocese must enroll in the Diocesan School for Ministry (only after being made a Postulant – see pages 15-16.) They must also complete a course/experience in Clinical Pastoral Training (CPT) (200 hours), and complete three semesters of field education.

The Canons of the Episcopal Church summarize this in the following: Deacons must be prepared in, and demonstrate basic competence in five general areas. These include:

- 1. Academic Studies (Holy Scripture, Theology, and the tradition of the Church)
- 2. Diakonia and the Diaconate
- 3. Human awareness and understanding
- 4. Spiritual development and discipline
- 5. Practical training and experience

C. The Order of Priests

"As a priest, it will be your task to proclaim by word and deed the Gospel of Jesus Christ, and to fashion your life in accordance with its precepts. You are to love and serve the people among whom you work, caring alike for young and old, strong and weak, rich and poor..." (BCP, 531)

The ministry of the Priest, as a representative of Christ and His Church, is customarily, though not exclusively, within a designated congregation where the Priest serves primarily as pastor, celebrant of the sacraments, and interpreter of scripture and the traditions of the faith. Increasingly, in the context of the emerging Church, Priests are also practicing their ministry outside the traditional parish model, and are serving in other organizations (such as prison ministry, college chaplaincy, and others), or planting or discovering other faith communities. Sometimes Priests play a dual role in balancing work in a secular profession with the work of a faith community.

With all of this in mind, Priests in the 21^{st} century need not only to recognize and deepen their own unique gifts, but also to be aware and open to gifts and skills necessitated by the needs of the Church and the cultural and faith context in which the Priest serves. Perhaps one of the greatest challenges for a Priest is to demonstrate leadership qualities that allow and encourage people to actualize their full potential in Christ – equipping the laity for mission in a complex, unpredictable, and often risky world.

Priests are also participants in the College of Presbyters, and assist the Bishop in the councils and committees of the Diocese.

Essential components of a Priest's life that will nurture all these ministries and more are the creation and practice of a Rule of Life – which includes prayer, regular study of Scripture, self-examination, spiritual direction, and an awareness of the need for holistic health – physically, spiritually, emotionally and mentally. The foundation of all of this – that the sacerdotal life is lived with integrity and depth – is a deep and abiding love of Jesus Christ, following Him as a model in all words and actions.

Those who have been recommended by the Bishop to become Postulants must be in conversation with the Bishop prior to making application to seminary. The COM presumes that the person will attend seminary and earn a Master of Divinity (M.Div.) degree. To assist the Bishop and the COM in discerning an individual's suitability for this academic rigor, he/she may be required to take either the Graduate Record Exam (GRE) or the Miller Analogies, and scores must be submitted to the COM prior to an invitation to attend a Bishop's Advisory Panel (BAP). (See also the list of things necessary before attendance at a BAP – **Appendix G**).

In addition to seminary study, those seeking ordination to the Priesthood must:

- 1) Possess an earned undergraduate degree,
- 2) be a member in good standing of a community of faith,
- 3) complete one unit (400 hours) of Clinical Pastoral Education (CPE), and
- 4) take part in recommended Diocesan and/or seminary field education/internship experience.

The Canons of the Episcopal Church state that preparation for ordination to the Priesthood must include:

- 1) The Holy Scriptures
- 2) Church History, including the Ecumenical Movement
- 3) Christian theology, including Missionary Theology and Missiology
- 4) Christian Ethics
- 5) Studies in contemporary society, including the historical and contemporary experience of racial and minority groups, and cross-cultural ministry skills which include the ability to communicate in a contemporary language other than one's first language.
- 6) Liturgics and Church Music; Christian Worship and Music according to the contents and use of The Book of Common Prayer and the Hymnal, and other authorized supplemental texts.
- 7) Theory and practice of ministry, including leadership, and the ministries of evangelism and stewardship.

III. Beliefs, Gifts and Qualities this Diocese and the Greater Church Seek in Priests and Deacons

- Be firmly grounded in his/her relationship with God, as revealed through Jesus Christ and empowered by the Holy Spirit. Demonstrate personal commitment to Jesus Christ and a desire and capacity to communicate the Gospel in word and action.
- Accept the authority of the Bishop and have an open mind and a loving heart for those within and outside our Church, who faithfully struggle with their beliefs.
- Show an understanding of the Christian faith, a desire for deeper understanding, and always be open to mystery and God's new revelation.
- Love the Church in all its Anglican/Episcopal expression, also recognizing its constant need for renewal.
- Firmly believe the vows he/she will take at ordination regarding the Holy Scriptures and conformity to the doctrine, discipline, and worship of the Episcopal Church.
- Be committed to a Rule of Life incorporating prayer, study, spiritual direction, self-examination, and the care of body, mind, and spirit.
- Be a life-long learner demonstrating this through good listening skills, ongoing personal growth (educationally and spiritually), curiosity, awareness of the emerging Church, and cultural attentiveness to trends and issues both locally and globally.
- In the vows for Priesthood (BCP, 531) Priests are called to "*love and serve the people among whom they work, caring alike for young and old, strong and weak, rich and poor.*" To live into those vows, he/she must be compassionate, welcoming, empathetic, humble, and approachable.
- Demonstrate servant-leadership qualities, especially: to listen and collaborate; to embrace conflict and change; to communicate both the message of the Gospel and the vision and goals of the organization; to nurture, love, and care for God's people; to speak for those in the margins of life; to maintain a sense of humor, and to be the hands and feet of Christ.
- Know how to reach out to your Bishop, family, colleagues, spiritual companion, and mentors when you need help.
- Be at least twenty-four (24) years of age upon ordination, sufficiently mature and stable to show ability to sustain the demanding role of an ordained minister, and to face change and pressure in a flexible and balanced way. (Title III, Canon 8, Section 7, 2)

IV. Journey through the Discernment Process

The purpose of this outline is to offer you, the Baptized Christian, a specific look at the steps you would follow if you feel a call to ordained ministry.

A. Sense of Call

This period of time, during which you sense that God is calling you to something new, may be very recent or something you've felt for years. It may be a private feeling or something you've verbalized to only one or two people. It may have come from within yourself or is something seen/felt by others who have shared their perceptions with you. Stay in prayer during this time – as you rest and reflect on whether you should begin to seriously explore this sense of call.

B. Exploring Your Call

- ____ Stay in regular prayer and worship.
- ____ Share thoughts with your spouse, family, and close friend.
- ____ Discuss with your Rector/Vicar/Priest-in-Charge.
- ____ Begin meeting with a spiritual director/companion.
- ____ Participate in regular Bible Study.
- ____ Participate in a retreat, Cursillo, or Education for Ministry (EFM).
- ____ Read Listening Hearts: Discerning Call in Community (Farnham, Gill, McLean, & Ward, Morehouse Publications).
- ____ Attend a Diocesan Vocation Information Day/Evening.
- ____ Read through the Discernment Dictionary in this manual (Appendix A) and the list of Resources (Appendix I).

C. Affirming Your Sense of Call

- ____ Complete the "Notice of Interest" (Appendix B) and mail to Diocese.
- ____ Create a Rule of Life, including regular prayer, study of scripture, and care of self and family.
- Continue to involve your spouse/family as you converse with your priest and Bishop.
- ____ Read through this manual very carefully.
- ____ Continue meeting with a spiritual director/companion.

D. Discovering Your Call Within Community

- _____ After discussion with your spouse and Rector/Vicar/Priest-in-Charge, complete the "Application to Form a Discernment Group" (**Appendix C**).
- While you wait to hear from the COM that your application has been received, discuss with your priest who might be appropriate to have on your Discernment Group. It should be composed of four to six persons, representative of the congregation, and selected by clergy and you.

(See five-page Appendix D for specific guidelines).

After confirmation from the COM of the receipt of your application, the COM will assign you a Liaison who will guide you through the process and answer questions along the way. Please wait to hear from your Liaison before convening your Discernment Group.

E. Pre-planning for the Discernment Group - Orientation and Organizational Meeting (This must take place prior to the first meeting of the Discernment Group and involves only the Applicant, Liaison, and Rector/Vicar/Priest-in-Charge.) (See Appendix D.)

- _____ Following COM approval to form your Discernment Group, meet with your Rector/Vicar/Priest-in-Charge and agree upon composition of the group. It may be helpful to include a member of the Vestry, since it is the Vestry which officially nominates someone to the COM.
- ____ Contact your Liaison and explore possible dates for the Orientation and Organizational Meeting.
- ____ Meet for the first time (to organize and plan).
- _____ If money is available, purchase *Listening Hearts: Discerning Call in Community* for everyone in the Discernment Group. The questions on pages 91-97 have been found to be very helpful to discernment groups starting out for the first time.
- ____ Provide copies of this COM Manual making sure it is the latest edition.

F. Gathering to Explore, Reflect, and Discover Your Call Within Community

- ____ Meet with your full Discernment Group and Liaison for the first time. (Your Rector/Vicar/Priest-in-Charge is not part of these meetings.)
- <u>Review the Guidelines for Discernment Groups</u> (Appendix D).
- Realizing that you will be meeting over the course of five to eight months, create a time-line for your gatherings, making sure the time of day is good for all. Some groups meet in the evenings beginning with a light supper. Meetings should not be held more than twice a month to allow necessary space for reflection and prayer.

Discernment of how God is calling you is not a process that should be rushed so stay in prayer and take the time needed.

_____ After the final meeting of this group – including any additional meetings the group finds necessary – the Discernment Group makes a recommendation to the Vestry whether or not it feels you are ready to continue. (The Discernment Group is not the deciding body.)

G. Vestry Involvement in Your Call

- ____ The Vestry will review the report from your Discernment Group.
- ____ If you are recommended to proceed, the Vestry must approve your nomination by a 2/3 approval.
- ____ Your Rector/Vicar/Priest-in-Charge must approve also, and then he/she completes and mails to the Bishop the "Certificate of Nomination" (**Appendix E**).
- ____ Remember that you, the Nominee, <u>must also officially accept this nomination</u> by completing and mailing to the Bishop the "Acceptance of Nomination" (**Appendix F**).

H. Formal Testing of Your Call Begins

- ____ You, the Nominee, will meet with the Bishop.
- Your spouse should write a letter to the Bishop sharing how he/she supports (or not) your call to ordained ministry, how it will impact your lives, and include any other reflections, questions, or concerns he/she has. (The Bishop may also ask to meet with you and your spouse.)
- ____ Should the Bishop allow you to proceed further with your call, you will be invited to the Bishop's Advisory Panel (BAP).
- ____ Stay in touch with your COM Liaison, Spiritual Director/Companion, and spouse/family as your discernment deepens and continues.

I. Prior to Attendance at the Bishop's Advisory Panel

- You must submit to COM Staff Liaison Office the following <u>no later than three (3)</u> weeks before the BAP (see also same list in Appendix G).
 - 1. Copies of Baptism and Confirmation certificates
 - 2. Spiritual Journey (minimum of 2500 words)
 - 3. Medical Report
 - 4. Psychological Report (see Appendix H.)
 - 5. Background Check (done by the Diocese)
 - 6. Academic transcripts from undergraduate institution(s)
 - 7. Certificate of Completion of "Safeguarding All God's Children"
 - 8. Employment Record of the last ten (10) years (including employers' contacts)

J. Exploring, Discussing, and Reflecting Upon Your Call with the BAP

This day (usually 9:30 a.m. - 4:00 p.m.) is a time of Morning Prayer, interviews with the BAP/COM, a spiritual direction workshop, time for socializing, and lunch. Following this, the BAP/COM will make a recommendation to the Bishop. It is important for you to know that the BAP/COM acts only as an advisory group to the Bishop. The Bishop has sole discretion to make someone a Postulant.

K. Postulancy Status

Bishop Smith will contact you some time following the BAP to let you know if he has made you a Postulant in the Diocese. Following that, he usually schedules a meeting with you to discuss educational options and other training, the specific steps below in Section V, and your continued formation. If you do not become a Postulant, he will discuss with you your continued discernment as a Baptized Christian.

V. The Journey as a Postulant

This time as a Postulant is an important time of deepening prayer life, spiritual formation, continued discernment, and academic and clinical preparation.

A. Living Into Your Call As a Postulant

During this time, the following requirements must be met:

____ For the Diaconate (Canon 6)

- 1) Attendance at the Diocesan School for Ministry (See Student and Facilitator's Guide – 2014)
- 2) Clinical Pastoral Training (CPT) (200 hours)
- 3) Field Education (3 semesters)
- 4) Knowledge of Title III (Ministry)
- 5) Ember Day Letters to the Bishop

For the Priesthood (Canon 8)

- 1) Attendance at a seminary, after conversation with the Bishop
- 2) Clinical Pastoral Education (CPE) (400 hours)
- 3) Field Education (3-4 semesters)
- 4) Knowledge of Title III (Ministry)
- 5) Ember Day Letters to the Bishop

B. Formal Completion of Your Postulancy (preparing for Candidacy Status)

- ____ After a time determined by the Bishop, you may make formal application to the Bishop to become a Candidate for Holy Orders. This includes:
 - 1) Your letter of application to the Bishop
 - 2) Vestry letter of support
 - 3) COM Certificate of your continued academic preparation, formation, and training
- The Standing Committee is also required to give the Bishop its official approval in writing after the above three (3) documents (letter of application, Vestry letter of support and COM Certificate) have been received. Therefore, the Standing Committee will schedule an interview with you to hear your discernment journey, discuss seminary or School for Ministry experiences, discuss CPE/CPT experience, review any pertinent documentation, and in general understand better your call to ordained ministry.
- In his sole discretion the Bishop may name the Postulant a Candidate.

VI. Living Into Your Call as a Candidate

Candidacy is a period of time during which the Candidate continues to satisfy all canonical requirements for ordination. Prior to applying to the Bishop for Ordination, you must submit various documents and letters. After receiving a favorable recommendation from the Standing Committee – certifying that the Candidate has indeed satisfied all requirements under Canon Law – the Bishop may ordain the individual.

During Candidacy:

____ 1) Academic preparation is completed and evaluated:

- For Deacons: Diocesan Canonical Evaluation
- For Priests: General Ordination Exams (GOEs)

<u>2</u>) Clinical Pastoral Training is completed and evaluated:

- For Deacons: Clinical Pastoral Training (CPT) and Supervisor's Report
- For Priests: Clinical Pastoral Education (CPE) and Supervisor's Report

_____ 3) Formation is reviewed:

- For Deacons: School for Ministry Evaluation
- For Priests: Middler Evaluation from Seminary
- For Both: Field Education reports

4) Candidate has an affirmative responsibility to know the requirements of:

- Title III (Ministry) of the Diocese of SWFL, and Episcopal Church
- Ember Day Letters

____ 5) Related Training is completed:

- Teaching on the Church's teaching on Racism
- Teach on the Constitution and Canons of the Episcopal Church, with special regard to the Disciplinary Canons (Title IV)
- Teach on prevention of sexual misconduct, including civil requirements for reporting, and pastoral opportunities for responding to evidence of abuse.

6) Prior to Ordination, check the following canonical requirements:

- ____ Medical report may not be more than 36 months old
- ____ Psychological report may not be more than 36 months old
- ____ Background check may not be more than 5 years old
- ____ Safeguarding All God's Children training must be current (Diocesan requirement)

Appendix A

Discernment Dictionary

Bishop's Advisory Panel (BAP)

The role of the BAP is to act as an advisory body to the Bishop. In that role, it assists the Bishop in gaining a deeper knowledge of a Nominee's sense of call and general readiness for ordination (spiritually, mentally, and intellectually). The members of the Bishop's Advisory Panel are the same members of the Commission on Ministry COM), who are assisted by the Bishop, the Canon to the Ordinary, and Diocesan Staff. The BAP/COM are comprised of lay persons, deacons, and priests who are all appointed by the Bishop. Also included is a liaison from the Standing Committee.

Call (from *Listening Hearts*)

God continually tries to guide us and communicate with us through the events, situations, and relationships of our life - through our thoughts, feelings, senses, imagination, and intuition. This can be understood as God's voice or God's call.

Candidacy

This period of time is the final stage of the canonical process leading to ordination as a deacon or priest. After a period of time as a Postulant, the person may apply to the Bishop for admission as a Candidate for Holy Orders. Candidacy is a time when the Candidate continues to satisfy all canonical requirements for ordination. Prior to applying for Ordination, the Candidate must submit to the Diocese various documents and letters (see page 16 of the manual). After receiving a favorable recommendation from the Standing Committee – certifying that the Candidate has indeed satisfied all requirements under Canon Law – the Bishop may ordain the individual.

Commission on Ministry (COM)

A group appointed by the Bishop (subject to Convention approval) and composed of lay persons, deacons, and priests. This group acts in an advisory capacity (as the BAP) to assist the Bishop with a Nominee's sense of call, his/her general readiness, and other issues, policies and procedures integral to the discernment and formation of all Baptized ministers in the Diocese.

Discernment (from *Listening Hearts: Discerning Call in Community*)

The verb "to discern" - meaning to sort out, to sift through, to distinguish – is widely used in the secular world as well as in the church. The noun "discernment," however, is used almost exclusively in religious circles, but suggests different things to different groups of people, including:

- 1) Discernment of Call to distinguish the voice of God from other voices in the world
- 2) Discernment of Gifts to know what our gifts are and to make conscious use of them
- 3) Discernment of Spirit being supple in God's hands and open to the action of God's Spirit and where it may be leading us.

Discernment Group

A group of people called together not only to assist someone in his/her deeper understanding of a call, but also to learn about one another's unique gifts and how they are being used to minister to God's people. In this Diocese the Discernment Group is composed of 4-6 people who meet over a period of 5-8 months and whose responsibility it is to make a recommendation to the Vestry concerning nomination.

Formation

Formation is a life-long process for all Baptized Christians – with joys and challenges as one seeks to strengthen one's relationship with God in Christ. Formation is also a process that affects us as a whole human being, not separating the growth and formation of body, mind, and spirit. For those seeking a call to ordained ministry, formation takes on a more serious depth of growth of the spirit in ways that will lead, guide, and shepherd God's people in healthy, balanced, and prayer-filled lives.

Liaison

Following the receipt of an "Application to Form a Discernment Group," (**Appendix C**) the COM appoints someone (usually a member of the COM) to be the Liaison from the COM to the Nominee. The Liaison's role is to walk with the Nominee through the process, not to advocate for the Nominee, nor to make decisions on behalf of the Nominee. Rather, it is a person who 1) keeps in regular contact with the Nominee during his/her discernment about ordained ministry; 2) takes part in the discernment group meetings – often guiding this process in its beginning stages; 3)listens to any concerns or questions the Nominee might have; and 4) updates the COM as to the Nominee's progress.

Ministry (from Listening hearts)

When we respond to God's call, what we do as a positive response is considered ministry. This includes the way we relate to people at home, in the workplace, in the church, and in the wider community, as well as ways in which we reach out to address the needs of all creation. For some persons, this includes a professional vocation in the church as a deacon, priest, or bishop.

Spiritual Companion/Director

A person of faith – also on a spiritual journey – who is able to listen, pray with, and guide someone seeking to deepen/strengthen their faith. In the case of someone exploring a call to ordained ministry, a Spiritual Companion is strongly encouraged. Henri Nouwen's definition of spiritual direction is helpful to hear as well: "Spiritual direction is a relationship initiated by a spiritual seeker who finds a mature person of faith willing to pray and respond with wisdom and understanding to his or her questions about how to live spiritually in a world of ambiguity and distraction." Nominees seeking to find a Spiritual Director/Companion may call the Diocesan Office for names, or ask their Rector/Vicar/Priest-in-Charge for recommendations.

Appendix B "Notice of Interest"

The purpose of this Notice of Interest is to inform and enable the timely sharing of information, especially for those who are in the earliest stages of discernment. It does not imply any status granted by the Bishop under Title III of the Canons of the Episcopal Church, nor does it imply that the person named below is in the ordination process.

Return this form to: COM Staff Liaison Office Episcopal Diocese of Southwest Florida, 8005 25th Street East, Parrish, Florida 34219

| Name: | | | |
|---|----------------------|------------------|--|
| Address: | | | |
| City: | State: | _ Zip: | |
| DOB: | | | |
| Home Phone: | | | |
| Email: | | | |
| Communicant in Good Standing in the Episcopal Church since: (month/year) | | | |
| Current Congregation: City: | | | |
| How long have you been worshipping in | this congregation? | years/months | |
| Highest Degree Earned Inst | itution | | |
| Have you ever earned a degree in Theolog | gy? MDiv/STM/etc.? | Y or N (Circle) | |
| Have you in the past, ever participated in | a formal discernment | process for Holy | |
| Orders? Y or N (Circle) Which Diocese | ? | | |
| If yes, please attach a separate letter discussing the summary of that process. | | | |
| Signature: | E | Date: | |
| Rector/Priest-in-charge | D | Date: | |
| | | | |

Appendix C Application to Form a Discernment Group

Application to form a Discernment Group, with the assistance of the Commission on Ministry, following the guidelines required by the Diocese of Southwest Florida

The purpose of this document is to inform and enable the Discernment Group to be formed under the guidance of, and in accordance with the procedures required by, the COM of the Diocese of Southwest Florida. Undertaking this procedure in no way implies any status granted by the Bishop under Title III of the Canons of the Episcopal Church or that the Applicant named below is part of the ordination process.

Return this form to: COM Staff Liaison Office Episcopal Diocese of Southwest Florida 8005 25th Street East Parrish, Florida 34219

| In accordance with the Commission on Ministry Discernment Group guidelines: | | | |
|--|-------|--|--|
| Congregation: | City: | | |
| hereby requests permission to form a Discernment Group for: | | | |
| Applicant Name: | | | |
| We understand that we will need to appoint four to six (4-6) people to form a diverse, representative group of the congregation and that this group will make a recommendation to the Vestry, who will officially nominate (or not), by resolution (two-thirds vote). | | | |
| Applicant's Signature: | Date: | | |
| Rector/Vicar/Priest-in-Charge Signature: | | | |
| Date: | | | |
| We understand that we will need to appoint four to six (4-6) people to form a diverse, representative group of the congregation and that this group will make a recommendation to the Vestry, who will officially nominate (or not), by resolution (two-thirds vote). Applicant's Signature: | | | |

Appendix D Guidelines for the Formation and Facilitation of the Discernment Group

The Diocese requires each potential Nominee to establish a Discernment Group (in conversation with one's Rector/Vicar/Priest-in-Charge) and to follow the guidelines outlined on the next few pages. Remember that your exploration of call and your sense that God might be calling you to ordained ministry is a crucial part of discernment and must be done within community. Although this group's main goal is to assist you in your exploration and clarification of call, it is also important for all members to listen to how each person in your group is responding to his/her call as Baptized Christians as well. Hopefully, as individuals share their sense of call, your specific exploration of whether you possess a call to ordained ministry will become more clear.

Overall Logistics

- 1) After you have submitted the application to the Diocese to form this group, meet with your Rector/Vicar/Priest-in-Charge to discuss the group's composition.
- 2) The group should be composed of four to six (4-6) persons, with usually one of those being a member of the Vestry. In addition to the 4-6, your COM Liaison will take part in these meetings. <u>Your Rector/Vicar/Priest-in-Charge will only be at the orientation/organizational meeting</u> where the Liaison will facilitate and help you to organize.
- 3) Not including the first orientation/organizational meeting, you should gather at least four (4) to five (5) more times. These times of discussion should not be rushed, as your exploration of call is a unique and sacred time in your life. If you need more time for discernment and discussion, discuss with your Liaison and set up additional meetings. Also, bear in mind that the standard length of preparation time for Ordination in this Diocese is from four (4) to five (5) years.
- 4) Your group will meet over the course of 5-8 months, gathering together no more than twice a month to allow sufficient time for reflection, reading and prayer.
- 5) Meetings should last between one and 1 1/2 hours.
- 6) Given the realities of working people, some of these groups prefer to meet in the evenings and begin the meetings with a light supper.
- The COM encourages you to purchase the book *Listening Hearts: Discerning Call in Community* and give to group members <u>prior to your first meeting</u>. (See Appendix I – Resources)
- 8) Also, prior to your first meeting of the Discernment Group, members must review this manual on Diocesan website or hard copy and bring to all meetings.

Suggestions for Organizing and Facilitating Specific Meeting Times

"Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name, you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us, granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen. (A Prayer of St. Chrysostom)

- A. **Pre-planning Orientation and Organizational Meeting** (Participants: COM Liaison, Applicant and Rector/Vicar/Priest-in-Charge)
 - 1) Open and close with prayer.
 - a. Discuss possible group membership and who might serve as Chair.
 - b. Discuss how you might proceed with the next 5-6 gatherings of the full group.(e.g. How will people share their spiritual journeys? How will the applicant specifically share his/her journey with the group? What questions will be asked? Who will ask them? Should a light supper be available before the meetings begin?)
 - 2) Decide how the group will get the COM manual and read prior to its first meeting.
 - 3) Decide if *Listening Hearts: Discerning Call in Community* will be purchased and read.
 - 4) Create a draft time-line of your meetings.
 - 5) Discuss how confidentiality will be ensured.
 - 6) Discuss how group members might share the opening and closing of prayer each time you meet.
 - 7) Officially invite members of the Discernment Group.
 - 8) After acceptance, create an e-mail & phone contact list of the whole group.

B. First Gathering of the Discernment Group

- 1) Open and close with prayer.
- 2) Liaison facilitates introductions and reviews confidentiality.
- 3) Liaison reminds the group of its role in helping the applicant to explore and discover his/her call, being good listeners, refraining from any judgments, and that its ultimate decision of whether or not to recommend the applicant to the Vestry is not about his/her readiness for ordination now, but rather about his/her potential for ordained ministry.
- 4) Ask if there are any questions or concerns after reading the COM Manual.
- 5) As a possible interactive activity (during this gathering or subsequent ones), have each person in the group draft a time-line of their life/faith journeys and discuss. Pay close attention to major changes in life, turning points, people who influenced/guided them, celebrations, milestones, and spiritual impact of these.
- 6) Ask the group to prepare questions for the next meeting. Use ideas from *Listening Hearts: Discerning Call in Community*, pages 91-97, and/or from the suggestions following each of these sections.
- 7) Before the next gathering, the applicant should send a copy of his/her Spiritual Journey to all members of the group <u>to be read prior to next gathering.</u>

Suggested Questions to Prepare for Future Gatherings of the Group

(These are ideas and thoughts to formulate questions for the applicant after reading his/her Spiritual Journey. Remember that these are suggestions only, and may be added to others in *Listening Hearts: Discerning Call in Community*, pp.91-97.)

- 1) Where in his/her life's journey has he/she lived out Baptismal Ministry? What ministries are he/she involved in now in the faith community? What are the joys and challenges of these?
- 2) Where in his/her life did he/she feel a call to ordained ministry? How did that feel? To what aspect of ordained ministry does he/she feel called? Parish? Prison? Outreach? Pastoral? Preaching? Celebration of the Eucharist? etc.
- 3) What circumstances and events have shaped this person's life?
- 4) What pressures are currently impacting him/her? How is he/she handling current pressures? How are spouse and family members responding to this call?
- 5) Is this person confusing a call to Christian service with a call to ordination?
- 6) Does the applicant have primary interests (or profession) that are compatible with the responsibilities of a priest or deacon?
- 7) Does this person try to live a balanced life spiritually, emotionally, physically? How does he/she demonstrate that balance?
- 8) Does he/she understand the demands of ordained ministry? Discuss.
- 9) Does he/she show a capacity for leadership? Examples in past professions?
- 10) Is there a sense of initiative, self-confidence, positive energy and enthusiasm?
- 11) How has this person motivated others in his/her life? Examples?
- 12) What is his/her leadership style? How does he/she describe leadership? Examples of leadership styles used in church, community, or professional settings? How does he/she deal with change – both planned and sudden?
- 13) How is "authority" understood?
- 14) How does this person understand pastoral care?
- 15) Offer an example of a conflict in his/her life and how it was handled. Would he/she have changed anything in retrospect?

C. Second Gathering of the Discernment Group

- 1) Open and close with prayer.
- 2) Discuss thoughts, themes, and issues from first gathering.
- 3) Discuss the applicant's Spiritual Journey.
- 4) Utilize thoughts and ideas from previous Section B (pg. 24).
- 5) Use questions from pg. 25.

D. Third, Fourth, Fifth and Any Future Gatherings of the Group

- 1) Open and close with prayer.
- 2) Reflection on previous discussions.
- 3) Additional discussion and reflection on applicant's Spiritual Journey.
- Specific areas that the COM recommends the group discuss with the applicant to determine his/her understanding of Christian Ministry. How does this person:
 - View the ministry of the whole Body of Christ?
 - Differentiate between the ministries of lay and ordained persons?
 - Understand the ordained person's central task in pastoral care? (Solving problems? Fixing things? Giving answers? Helping someone to discuss options and alternatives and resolving their own problems?)
 - Does this person strike you as one who is growing in the Christian faith?
 - How well does he/she understand the basics of the faith?
 - Is there evidence of this person having a strong relationship with God in Christ?
 - How does his/her spirituality or lack of it manifest itself to you?
 - Is this person still questioning, searching and probing the mysteries of the faith?

E. Final Gathering of the Discernment Group

Because every applicant's journey is unique and groups process in very different ways and lengths of time, your final gathering may be the fourth time together, or the sixth time together - or more. Whenever that final time is determined, the following must take place, in addition to any other discussions, conversations, or events.

- 1) Open and close with prayer.
- 2) Group members return Spiritual Autobiographies to the applicant
- 3) The applicant is asked to leave the room so that the group may discuss and vote (or reach consensus) on a recommendation to the Vestry regarding nomination or a decline in nomination. The group must remember that a recommendation to the Vestry is NOT a recommendation for Ordination. The recommendation to move someone forward implies a process of **continued discernment and formation** by the Bishop, COM, Nominee, and Nominee's family.

F. After the Final Gathering and Recommendation of the Group

1) **Recommendation for Nomination**

If the Discernment Group recommends nomination to the Vestry, the Vestry then takes time for discussion and a vote. If the Vestry votes to recommend (two-thirds majority), the following two forms must be completed, addressed to Bishop Smith, and mailed to the COM Staff Liaison Office at the Diocesan Office.

a. <u>Certificate of Nomination</u> (from the Vestry) (See Appendix E.)

This form indicates congregational support (represented by a two-thirds vote of the Vestry) pledging financial support and involvement in preparation for the Nominee's ordination. This also requires support of the nomination and signature by the Rector/Vicar/Priest-in-Charge.

b. <u>Acceptance of Nomination by Nominee</u> (<u>must</u> accompany Certificate of Nomination from Vestry) (See Appendix F)

(The Nominee is advised that the Canons of the church require ordination to take place not less than eighteen (18) months of receipt of this written acceptance.)

Note to Nominee: Once nominated, the COM expects all Nominees to disclose all their positions in parish or diocesan leadership in order to avoid any potential conflicts of interest at later stages of the discernment process. The Bishop may require resignation from such positions.

2) **Recommendation to Decline Nomination**

If the Discernment Group decides not to recommend nomination to the Vestry, the Rector/Vicar/Priest-in-Charge must be aware of the need for pastoral support for the applicant, and further discernment of the applicant's lay ministries. In addition, all members of the group must be clear about the reasons nomination was declined, and these reasons should be shared with the applicant in a pastorally sensitive manner and remain confidential within the group.

Appendix E Certificate of Nomination

(to be accompanied by Appendix F)

Date: _____

TO THE BISHOP: Pursuant to (Check one please)

_____ *Title III, Canon 6: "Of the Ordination of Deacons"*

_____ Title III, Canon 8: "Of the Ordination of Priests"

We, representing at least 2/3 of the eligible members of the (Bishop's Committee) or (Vestry) of:

Church: _____ City: _____

Is a confirmed communicant member in good standing of this congregation (or community of faith) and we hereby,

- 1. pledge to contribute financially to the Nominee's preparation, and to
- 2. involve the congregation (or community of faith) in the Nominee's preparation for ordination

Signatures:

| | _ Date: _ | |
|---|-----------|--|
| Rector/Vicar or Member of the clergy or leader exercising oversight | | |
| | | |
| | | |
| | _ Date: _ | |
| For the Vestry or Bishop's Committee (Clerk) | | |

N.B. The COM will consider this certification incomplete if the procedures contained in the Parish Discernment Group Guidelines issued by the COM have not been followed. To complete this Nomination, the Nominee must accept the Nomination in writing and submit a complete Acceptance of Nomination Form (found in "Appendix F").

Mail To: The Bishop of the Diocese of Southwest Florida C/O Canon to the Ordinary 8005 25th Street East Parrish, Florida 34219

Appendix F Acceptance of Nomination by Nominee

(to be accompanied by Appendix E) (Please note that this is a four-page document.)

(In accordance with Canon III.6.2.(b) – Diaconate and Canon III.8.2.(b) – Priesthood, and following the Parish Discernment Group procedures required by the Diocese of Southwest FL)

To the Bishop of the Episcopal Diocese of Southwest Florida: Accepting nomination from my congregation, I hereby submit the following:

| I. Biographical | Information | <u>l</u> | | | |
|--------------------|----------------------|-------------------------|-------------------------|----------------------------|---------------------------|
| Full Name: | | | | | |
| | t, City, State, Zip) | | | | |
| Contact Phone # | #: Home | | Work | Cell | |
| E-mail Address | : | | | | |
| Date of Birth: _ | | Socia | ll Security Numbe | er | |
| Are you a U.S. | citizen? Yes⊏ | No□ If you a | re not a U.S. citiz | zen, what is your s | tatus? |
| Marital Status: | Single:□ | Married:□ | Separated:□ | Widowed: | Divorced: \Box |
| If Married: (Provi | de Spouse Name, D | ate of Birth, Date of M | larriage and Names of C | hildren with their Date of | Birth) |
| | | | | | |
| | | | | | |
| | | | | | |
| If divorced or p | reviously divo | orced, list previo | ous marriages: (Pro | vide Name, Date of Marr | iage and Date of Divorce) |
| | | | | | |

Do you have a medical/emotional health condition that requires special attention? If so, please explain: _____

| I have been a member of the Episcopal Church since: | | |
|--|--|--|
| Are you a member of another denomination? Yes: No: If yes, please explain: | | |
| I have resided in the Diocese of Southwest Florida since: | | |
| I am a member in good standing of the following Congregation: | | |
| Congregation: City: | | |
| Date and Location of Baptism: | | |
| I was baptized by: | | |
| Date and Location of Confirmation: | | |
| I was confirmed by: | | |
| I have () / have not () previously applied for admission as a Postulant for Holy Orders. If the answer is affirmative, please state details on separate attachment. | | |
| I intend to seek ordination to () the Diaconate () the Priesthood. | | |
| II. Education History Name of College/University and Location, Years Enrolled, Major/Degree/Year Earned | | |
| | | |
| Describe in a separate attachment other training you have received that you believe is relevant. | | |

Have your official academic transcripts sent directly to the Bishop's Office.

III. <u>Representations and Authorizations</u>

- I authorize the designated member of the Bishop's staff to release to the COM and to the Bishop those reports from the discernment program which are specifically designated for this reporting purpose
- I understand that I am under a continuing obligation to provide the COM with any information that would correct any representations to the COM on any applications or other documents in its possession that are or become inaccurate at any time during the period subsequent to my being accepted as a Postulant for Holy Orders, and that failure to do so shall constitute grounds for my removal from the Register as a Postulant or Candidate.
- I authorize the Bishop of Southwest Florida and the COM to request from me any further information which is deemed relevant to determining my suitability or fitness for Holy Orders, or my continuing progress in the ordination process. If I am accepted as a Postulant, I understand that the COM, the Bishop, and the Standing Committee of the Diocese have a responsibility to seek, receive, and review any information which they reasonably determine they must have in the exercise of their duties.
- In every possible case, my permission and signed release will be sought for such an inquiry. And wherever possible, questions arising from such information will be discussed with me. However, I also understand that information may come to the Bishop, to the COM, or to the Standing Committee, without my knowledge or express permission.
- I affirm and attest that all statements, answers and information contained in this application and any addendum are true and accurate to the best of my knowledge, information and belief and furnished in good faith. I understand that falsification, misrepresentation or omission of any fact(s) requested will be sufficient cause for denial of this application and removal from the program.

Date _____ Signature of Applicant _____

ADDITIONAL INFORMATION

Please comment on the following two areas:

1. Please describe how you will provide financial support for yourself and your family during the educational program required for ordination.

2. In your opinion, are these expectations realistic?

Link for assistance in financial planning: http://www.cpg.org/clients/seminarians/financiallifeplanning.cfm

Appendix G Preparing for the Bishop's Advisory Panel (BAP)

After your Discernment Group has completed its work and recommended you for Nomination, the Vestry has nominated you to the Bishop, and you have submitted your acceptance of nomination, you will be invited to attend the Bishop's Advisory Panel. The BAP – consisting of the same membership as the Commission on Ministry – acts as an advisory group to the Bishop as he makes decisions concerning persons seeking Postulancy. It remains the Bishop's decision to make someone a Postulant.

The BAP meets twice a year to interview Nominees and you should set aside most of the day for this meeting. We usually meet at DaySpring and the day includes: Morning Prayer, a Spiritual Formation Workshop, three sets of interviews with members of the BAP, lunch and social time. This day together will help the BAP gain a deeper knowledge of your sense of call, and your general readiness to seek ordained ministry – spiritually, emotionally, physically, and academically. The interview time will also allow you to ask the BAP questions or gain clarification about discernment and any part of the process. Your time with the BAP is usually 9:30 a.m. – 4:00 p.m. Following that, the BAP meets for 2-3 hours to discuss and reflect upon your responses in the interviews, and to come to consensus regarding a recommendation for Postulancy to the Bishop.

Prior to your attendance at the BAP, the following documents must be submitted to the Diocese (Office of COM Staff Liaison) no <u>later than three (3) weeks prior to the BAP</u>:

- 1. Copies of Baptism and Confirmation certificates
- 2. Spiritual Journey (minimum of 2500 words)
- 3. Medical Report
- 4. Psychological Report (see Appendix H.)
- 5. Background Check (done by the Diocese)
- 6. Academic transcripts from undergraduate institution(s)
- 7. Certificate of Completion of "Safeguarding All God's Children"
- 8. Employment Record of the last ten (10) years (including employers' contacts)

Appendix H Mental Health Screening Process

The Purpose of this Appendix is to familiarize the Nominee with the protocol for the required Psychological Report and Medical Report.

Church Pension Fund overview of the Required Forms

A. CANONICAL DOCUMENTS

- 1) Church Pension Fund Required Medical Exam Form
- 2) Background Screening Form
- 3) Psychological Evaluation Report Summary Form

B. PREPARATORY DOCUMENTS

- 1) Church Pension Fund Life History Questionnaire, Church Pension Fund Behavior Screening Questionnaire, Authorization and Release to Diocese
- 2) Authorization for release to Applicant only

The documents named above can be downloaded and completed by the applicant by going to the Diocese of Southwest Florida web site.

Once completed, please send the forms to the Canon to the Ordinary, Diocese of Southwest Florida.

C. PSYCHOLOGICAL INVENTORIES

1) Part 1. Clinical Screening

Clinical screening for the four areas named in the Canons is part of ordination discernment and not to be viewed as an employment process. As such, the clinical evaluation component compliments the endorsing work of the Bishop and the Commission on Ministry.

Clinical screening and evaluation will be conducted by a panel of mental health professionals. The panel includes a licensed clinical psychologist who interprets psychological inventories and prepares clinical reports.

Other clinicians will conduct clinical interviews.

In the event the applicant has a prior history of psychiatric issues and/or treatment, or any abnormalities arise in the testing protocol, a psychiatrist will conduct a clinical consultation with the applicant and inform the Bishop of his or her findings.

If the psychiatric evaluation is needed, the cost of this consultation is paid by the applicant and is usually no longer than two clinical hours in length.

- 2) Part 2.
 - a. The results of each inventory will be included in a clinical report prepared by a licensed clinical psychologist.
 - b. When the clinical report is ready the applicant will be informed by the Bishop's office and a time will be scheduled for a meeting between the applicant and the clinical psychologist to go over the clinical report.
 - c. The clinical psychologist shares the results of the report with the applicant.
 - d. The applicant signs or declines to sign a release form for the clinical report to be released to the Bishop.

The clinical report is the property of the Bishop and remains at the Diocesan Office in a secure location.

The cost of the clinical session for the psychologist to share the results of the clinical report with the applicant is paid by the applicant at the time of the service.

3) Part 3. The Clinical Interview

While the clinical report is being prepared, the applicant schedules a clinical interview with a licensed mental health professional. The name of the clinical interviewer is obtained from the Bishop's office.

The clinical interview is conducted by a mental health professional approved by the Bishop. The applicant's Life History Questionnaire and Behavior Screening Questionnaire are both reviewed during this time. A brief written report of the clinician's impression of the applicant is sent to the Bishop and is added to the clinical report.

The cost of the clinical interview which may exceed more than one clinical hour is paid by the applicant at the time of the service.

4) Part 4.

The clinical report and the clinical interview are included in what constitutes the Psychological Evaluation Report which is included with an applicant's materials.

Appendix I Resources

- **The Anglican Vision**. J. Griffiss. The New Church's Teaching Series. Cowley Publications, Cambridge, MA, 1997.
- The Art of Discernment: Making Good Decisions in Your World of Choices. S. Kiechle. Ave Maria Press, Inc., Notre Dame, IN, 2005.
- A Brief History of the Episcopal Church. D. Holmes. Trinity Press International, Harrisburg, PA, 1993.
- In the Name of Jesus: Reflections on Christian Leadership. H. Nouwen. Crossroad Publications, New York, NY, 1989.
- Let Your Life Speak: Listening to the Voice of Vocation. P. Palmer. Jossey-Bass, San Francisco, CA, 2000.
- *Listening Hearts: Discerning Call in Community. S. Farnham, J. Gill, R.T. McLean & S. Ward. Morehouse Publishing, New York, NY, Revised 2011.
- **Opening the Bible.** R. Ferlo. The New Church's Teaching Series. Cowley Publications, Cambridge, MA, 1997.
- **Opening the Prayer Book.** J. Lee. The New Church's Teaching Series, Cowley Publications, Cambridge, MA, 1999.
- **The Practice of Prayer.** M. Guenther. The New Church's Teaching Series, Cowley Publications, Cambridge, 1998.
- Saint Benedict's Rule. P. Barry. Hidden Spring of Paulist Press, Mahwah, NJ, 1985.
- Saint Benedict's Toolbox. J. Tomaine.
- Seven Spiritual Gifts of Waiting. H. Whitcomb. Augsburg Press, Minn,, MN, 2005.
- Spiritual Direction: Wisdom for the Long Walk of Faith. H. Nouwen. Harper One, New York, NY, 2006.
- **Strength for the Journey: A Pilgrimage of Faith in Community.** D. B. Bass. Jossey-Bass, San Francisco, CA, 2002.
- What to Expect in Christian Spiritual Direction. T. Hart. Spiritual Directors International, Bellevue, WA, 2007.
- The Wounded Healer. H. Nouwen. Doubleday, NY, Revised, 1990.

A Prayer of Thomas Merton

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think I am following Your will does not mean that I am actually doing so. But I believe that the desire to please You does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that, if I do this, You will lead me by the right road, though I may know nothing about it. Therefore I will trust You always though I may seem to be lost and in the shadow of death. I will not fear, for You are ever with me, and You will never leave me to face my perils alone.